GET TO KNOW OUR PANEL IN MORE DEPTH

The thoughts shared by the five female leaders of our panel

A brief summary of ideas for you to carry with you
Achievements: "My lifetime achievement is the family I have created with my husband Ricardo, our daughters Isabella and Ana, and this in harmony with a fulfilling professional career."

Non-negotiable: "Everything related to my daughters, their health, education and interests. Also at work, I will never defend a project or idea which I do not believe."

Tip for the audience: "You do not need to be perfect nor 100% confident about your capabilities all the time. We learn as we go, with our mistakes and successes. The only precondition is always to recognise, be humble and learn fast."

A ritual for balance: "I am very organized and disciplined person, so every night I plan my following day, revise my priorities and make sure I will accomplish my goals. Also, I maintain the routine of 8 hours of sleep/night, eat well and exercise 3 times/week. And finally and more importantly to give thanks every morning for my family, our health and my meaningful job."

Role-Models: "My parents (no formal college education but very wise, very persistent, put our education always first no matter what) and Ruth Bader Ginsburg (her humility and ability to defend her positions without alienating those who thought differently, and also how she balanced her personal and professional life)"

"I HAVE USED TWO MAIN MOTOS : "IT ALWAYS SEEMS IMPOSSIBLE UNTIL DONE" - NELSON MANDELA AND "BE SO GOOD THEY CAN’T IGNORE YOU" - STEVE MARTIN"

A BOOK: SAPIENS - YUVAL NOAH HARARI

"A MEANINGFUL LIFE FOR ME IS TO HELP PEOPLE REALIZE THEIR POTENTIAL."
LYDIA BARRON
SVP, ISG OPERATIONS & TECHNOLOGY CITIBANK
USA

TRANSFORMATIONAL LEADER

Achievements: "Transforming technology at Wall Street financial service companies and transforming healthcare companies."

Non-negotiable: "I will not work in an organization that does not embrace and advance black talent. I need to see women and executives in the company that look like me."

Tip for the audience: "Define your career path, understand your strengths and weaknesses, take some risks and make a difference in your life and the world."

A ritual for balance: "Exercise, prayer and family time"

Role models: "President Barack Obama, First Lady Michelle Obama, Martin Luther King, Rosa Parks. Leaders who made a difference and drove change and equality."

"A MEANINGFUL LIFE FOR ME IS LIVING IN PURPOSE."

"I AM IN CHARGE OF MY CAREER AND I WILL ALWAYS SHOOT FOR THE STARS. IF I FALL DOWN ALONG THE WAY, I WILL ALWAYS PICK MYSELF UP AND KEEP GOING."

A BOOK: THE BIBLE

Women Leaders within Male-dominated Spaces
Achievements: "1) Relying on collaborative supplier relationships to deliver value creating innovation, 2) Using & leveraging the power of data to achieve significant cost savings; 

Non-negotiable: " Family first, last, and always."

Tip for the audience: "Always sit at the table and have something to say. You belong there."

A ritual for balance: "Prayer. It is what keeps me grounded and balanced."

Role-Models: "There has been many, but the one who has been the most influential in my career is a former Unilever EVP, Alan Raleigh. He knew about the importance of advancing women in supply chain long before it was in vogue. He helped me to see the vision for great supply chains and removed obstacles along the way for his teams."
Achievements: "In my professional career: (a) when I led one of the largest regional vendor consolidation deal for a strategic client for my company. It was a very competitive and rigorous pursuit that went on for several gruelling months & ultimately concluded as a successful win for us. This success was special as I was the only woman contending with several other competitor companies who had male representatives. (b) my move to Switzerland 8 years ago & establishing myself within the professional community. It was a challenging process, familiarizing myself to a new country, different culture, language, social circle & a new role at work. I am one of the few women that leads the Sales function within my company and I led the portfolio for a strategic Swiss client on a global scale for 6 years, successfully making a significant mark within the client community for my company. On a personal level, I consider Motherhood as my biggest ‘on-going’ achievement – this is a lifelong work-in-progress project for me!"

Non-negotiable: "1.Ethics, Respect, Honesty & Fairness. I expect this of myself and of others at the workplace & in my personal dealings. 2.Celebrating my kids’ birthdays (no work commitments on those days!)."

Tip for the audience: "Do your best to be your authentic self at all times. Not everything & everyone is worth your limited time & energy. Have the wisdom to understand on what & on whom you spend yours on. There are days where you will be a superwoman and there are days when this would not be possible. Accept that this is ok too because each day you are bound to add a new experience to your life’s chapters."

A ritual for balance: "I have been doing a yearly Vision board for the past 3 years and it is unbelievable how much of it has come true! On a regular basis, I do my best to wake up an hour earlier than the rest of my family & I call this my ‘Golden Hour’. The house is peaceful, and I use this time to meditate/exercise/read a book/journal. This ‘me time’ sets me up for a great start to the day."

Role-Models: "I do not believe in having role models, as I do not think anyone has everything going for them perfectly in its entirety. Having said that, I do like to take inspiration & adopt some qualities from others, that I find most relevant for my journey.
1. My parents for demonstrating the value of honesty & work ethics.
2. Indira Gandhi for her sheer confidence in leading one of the largest democracies in the world.
3. Queen Elizabeth II for her composure and ability to hold her reign for several decades with such steadfastness; completely undeterred by external distractions.”
Achievements: "My research results in ultrafast lasers which changed the field, enabled new industrial products and opened new research fields. This was also recognised with many international awards. My husband and I decided to create a life together both working towards successful careers, raising our two kids together, and helping to make the world a better place than we found it. Looking back, we of course see our mistakes and things we could have done better, but overall we are very happy with what we did and achieved."

Non-negotiable: "I have a strong sense of justice. I do not want to look the other way when I see problems. The hardest for me has been to decide when I can do something for change and when to let it go."

Tip for the audience: "Find out where you good at, what you like to do, and for which you are willing to invest the time to work. Deliver excellent work, dream big and go for it. Join other excellent women and male colleagues to support a better work culture in fields where we women are so few. Together we can make a change."

A ritual for balance: "Outdoor activities such as skiing, ski touring, windsurfing, hiking and regular physical exercise. During the phase with younger children, clear time-sharing between my husband and me for quality time with our kids, keeping the weekend free for family activities whenever possible. We had a special "red flag" option to ask for additional working time when under difficult or tight deadlines. Our greater family and friends support network was often crucial – we “shared” our kids with additional great people and believe this helped broaden their social experience. They seemed to have survived – or even flourished – as a result."

Role-Models: "I had nearly only male role models for my work, and I met many great scientists who inspired me along the way. There was only one key woman professor, Prof. Geraldine Kenney-Wallace, I met during my education at Stanford towards a PhD. She helped me during an important phase, and when I thanked her she told me that I should help others as well. I never forgot this."